

## My story

Passionate about nutrition and health I obtained my diploma as a dietitian in 1995. Over the years, I have completed this basic education with professional development, specialization and “on the job” training.

The clinical health environment was an interesting experience as well as the personal supervision of athletes and obese patients. But the greatest jobsatisfaction I found in the food industry. There, I found a daily challenge by combining strict rules and pure life-science with creative people management and efficient communication. Creating customer satisfaction works very rewarding.

To maintain a balance, I continue to guide patients and athletes to healthy eating habits in my practice, a few hours a week. I’m also finishing my third book on weight loss. But it is mainly my motivated staff who takes credit for the success of “Diet House”

My goal is to be the best in my profession, both theoretically and operationally to optimize people and processes as well as personal relationships.

Are you looking for a creative communicator, a manager with a strong passion for nutrition, health, food safety and customer satisfaction? You should contact me.

IFS  
PBRC  
HACCP  
LECTOR  
PEOPLE  
MANAGER  
IPV  
RECOGNITION  
COMMUNICATION  
MICROBIOTICS  
COACH  
DIETITIAN



**TANJA CALLEWAERT**  
**FOOD EXPERT**

QUALITY MANAGEMENT  
CODEX ALIMENTARIS  
AUTOCONTROLE  
RIZIV APPROVED  
INNOVATION  
FOODSAFETY  
FSCC22000  
DIETITIAN

**Quality is not an act, it is a habit”**

*Aristoteles*

## 20 YEARS EXPERIENCE

Quality & Foodsafety Consultant (eg. KTBA, Holeki, CSM, Imperial...)  
Regulatory Compliance Adviser (eg. Schutter, Intervlees, Boerinneke)  
Nutritional consultant (eg. Belvitta, Aleris, Mondi, Gemeente Rumst...)  
Practicing Dietitian ( eg. Life Style, Diethuis, Energy Lab, SportNut, ...)  
Lector, Coach, IPV trainer ( eg. Vleminck, University Collage, Syntra, ...)  
People Manager, Communication Specialist (VBVD, Synergie, ICG,...)  
National Delegate ESDN (European Specialist Dietetic Network)

## HIRE ME, I’M FLEXIBLE

Not bound by time or place and power by competences en responsibilities. Please give me flexible hours or a place to sleep, so I can avoid traffic. I will give you 100% dedication! Together we’ll build a stronger future for your company and my career.

## SOME PUBLICATIONS

Eating healthy during the holidays (HLN December 2015)  
Sugar Syrups (Plus magazine June 2015)  
Meal replacements (Goed Gevoel 2015)  
Paleo Diet (P magazine march 2015)  
Food Consumption Survey (WIV – march 2015)  
Every Diet Works (Books by Lannoo 2014) ...

## MY PERSONEL LIFE

I am married to Joseph Claes, we have a wonderful daughter Britt, she is 17 years old and currently at boarding school. We live in a beautiful home in Rumst, a small village between Brussels and Antwerp, enjoying a fine social life, volunteering as a sports instructor. for children and love to work, play, cook and travel.